

MANUELA ALBRECHT

She/Her | +44 07393 473 901 | @manualbrecht
manualbrecht@gmail.com | **PhD Candidate @ Kingston School of Art**

PROFILE

I am an interdisciplinary movement artist, facilitator, performer, PhD researcher and mother working at the intersection of dance, theatre, community and micro-politics. My creative practice draws from physical theatre, contemporary dance and embodied practices, and an in-depth study of the Viewpoints Technique. I'm particularly interested in disrupting established notions of hierarchy and colonial legacy as well as to explore embodiment of micro-politics, practices of care, arts-activism and embodied ways of knowing.

MOVEMENT FACILITATOR/TEACHING EXPERIENCE

BIMM University - Performers College - 2023 -Present

Dance BA dissertation supervisor

London Contemporary Dance School - The Place - 2023 -Present

Dance BA guest teacher - Samba and Brazilian Carnival Studies

Soma Space - Nov 2023 - Jul 2024

Creative Movement classes for kids and adults

WDSD - World's Down Syndrome Day - March 2024

Creative Movement Session for children and young adults

Body Polyphonies - 2020/2022

MFA Practice as Research Study investigating micro-politics of support and integration with a group and as a group.

Meet Me At the Albany & Ambient Jam - Entelechy Arts 2020/2021

Weekly somatic movement sessions with elderly and adults with profound disabilities.

Body IQ Festival Berlin - Nov 2021

BODY IQ 2021 celebrates Bodies of Cultures, Communities & Places. I facilitated the workshop *Collective Dialogues*, exploring embodiment of micro-politics through the Viewpoints Technique approach and investigating belonging through bodily negotiations.

EDUCATION

Kingston University

PhD in Dance 2024 - present

Trinity Laban Conservatoire of Music and Dance

MFA Dance Creative Practice Professional Pathways| 2020/2022

UNISINOS - Universidade do Vale do Rio dos Sinos (South of Brazil)

BA Advertising and Social Communication| 2002/2008

ArtCraft Circus - London

Foundation course in Circus Art | Sept-Dec 17

SITI Company - New York City

Viewpoints and Suzuki | Sept 14 - Jul 16

Estudis de Teatre Bertó Tovács - Barcelona

Neutral Mask | Jul 16

Martha Graham Institute - New York City

Modern Dance | Jan- Jun 16

TEPA - School of Drama - Porto Alegre - Brazil

Physical Theatre | Mar 11- Jan 12

PERFORMANCE/CHOREOGRAPHY HISTORY**Upcoming: Andang! - London**

Dance | Performer | Feb 2025

BRED just dough it- Barnstaple - Devon

Dance | Performer | May 2024

Objects of Attention - Pushkin House - London

Dance | Performer | Jun 23

BRED just dough it- Stour Gallery - London

Dance | Performer | Sept 22

Body Polyphonies - Trinity Laban - London

Dance/Performance Installation| Facilitator | Jun 22

The Sky 5 Minutes Before a Storm - Southwark Playhouse - London

Theatre| Performer | Sept 21

Begin in the Middle (Neither Me nor the Bucket) Seventeen Gallery - London

Dance | Performer | Aug 21

The Grand Expedition London & Shanghai

Immersive Dance Experience| Samba Choreographer | Sept 18 & Jun 21

For Fact's Sake - Siobhan Davies Studios - London

Solo Performance as part of MFA Dance Creative Practice May 21

SKIN HUNGER - UK & Brazil

Online Dance Performance | Director/Performer | Aug 20

Metamorphosis by Collide Theatre - London/Manchester

Physical Theatre Piece | Performer | Feb & Jun 19

PROFANA - Solo work - Peckham Springs London

Interdisciplinary performance | Director/Performer | May 19

GOING - The Theatre of Mistakes - Raven Row Gallery - London

Theatre | Performer | Jun-Jul 17