

MANUELA ALBRECHT

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PROFILE

I'm a Brazilian interdisciplinary movement artist, facilitator, performer, and PhD researcher working at the intersection of dance, theatre, community, and micro-politics. My practice explores movement as a way to reflect on the urgencies of our time. I'm especially drawn to collaborative processes and to disrupt colonial legacies, the normative, and stay radically tender, embodied, and real.

MOVEMENT FACILITATOR/TEACHING EXPERIENCE

BIMM University - Performers College - 2023 -Present

Dance BA dissertation supervisor

London Contemporary Dance School - The Place - 2023 -Present

Dance BA guest teacher - Samba and Brazilian Carnival Studies

Wednesday Moving - London 2024 - Present

Guest facilitator of movement sessions for dancers and non dancers

Soma Space - Nov 2023 - Jul 2024

Creative Movement classes for kids and adults

WDSO - World's Down Syndrome Day - March 2024

Creative Movement Session for children and young adults

Body Polyphonies - 2020/2022

MFA Practice as Research Study investigating micro-politics of support and integration with a group and as a group.

Meet Me At the Albany & Ambient Jam - Entelechy Arts 2020/2021

Weekly somatic movement sessions with elderly and adults with profound disabilities.

Body IQ Festival Berlin - Nov 2021

BODY IQ 2021 celebrates Bodies of Cultures, Communities & Places. I facilitated the workshop *Collective Dialogues*, exploring embodiment of micro-politics through the Viewpoints Technique approach and investigating belonging through bodily negotiations.

EDUCATION

Kingston University

PhD in Dance 2024 - present

Trinity Laban Conservatoire of Music and Dance

MFA Dance Creative Practice Professional Pathways| 2020/2022

UNISINOS - Universidade do Vale do Rio dos Sinos (South of Brazil)

BA Advertising and Social Communication| 2002/2008

ArtCraft Circus - London

Foundation course in Circus Art | Sept-Dec 17

SITI Company - New York City

Viewpoints and Suzuki | Sept 14 - Jul 16

Estudis de Teatre Berty Tovías - Barcelona

Neutral Mask | Jul 16

Martha Graham Institute - New York City

Modern Dance | Jan- Jun 16

TEPA - School of Drama - Porto Alegre - Brazil

Physical Theatre | Mar 11- Jan 12

PERFORMANCE/CHOREOGRAPHY HISTORY

The Trembling Forest - Copeland Gallery - London

Dance| Performer| April 2025

AANDAG! (ATTENTION.) - Resolutions Festival - The Place - London

Dance | Performer | Feb 2025

BRED just dough it - Barnstaple - Devon

Dance | Performer | May 2024

Objects of Attention - Pushkin House - London

Dance | Performer | Jun 23

BRED just dough it- Stour Gallery - London

Dance | Performer | Sept 22

Body Polyphonies - Trinity Laban - London

Dance/Performance Installation| Facilitator | Jun 22

The Sky 5 Minutes Before a Storm - Southwark Playhouse - London

Theatre| Performer | Sept 21

Begin in the Middle (Neither Me nor the Bucket) Seventeen Gallery - London

Dance | Performer | Aug 21

The Grand Expedition London & Shanghai

Immersive Dance Experience| Samba Choreographer | Sept 18 & Jun 21

For Fact's Sake - Siobhan Davies Studios - London

Solo Performance as part of MFA Dance Creative Practice May 21

SKIN HUNGER - UK & Brazil

Online Dance Performance | Director/Performer | Aug 20

Metamorphosis by Collide Theatre - London/Manchester

Physical Theatre Piece | Performer | Feb & Jun 19

PROFANA - Solo work - Peckham Springs London

Interdisciplinary performance | Director/Performer | May 19

GOING - The Theatre of Mistakes - Raven Row Gallery - London

Theatre | Performer | Jun-Jul 17

Ópera Açoreana (Azorean Opera) - Ponta Delgada PT & Porto Alegre BR

Dance Theatre | Performer | May 16